

Athlete Committee Report for BoD Meeting – April 28, 2018

USAS Leadership Summit 2018 (Grace)

This past weekend, Sara and I attended the very first USAS Leadership Summit. We went to various workshops that focused on topics such as personal values, leadership styles, peer and servant leadership, and goal setting. The end of the workshop was aimed towards setting and attaining goals on the LSC level, and Sara and I set the following goals for ourselves and the athlete committee:

- Expand athlete participation/encourage more athletes to attend meetings
- Help our athlete committee members to become more informed on the topics of our board meetings/current events in USA Swimming
- Encourage our athletes to become stronger leaders both on their club teams and in VA Swimming
- Continue to grow our social media

We found the Leadership Summit very informative and valuable and hope to share what we have learned with our athlete committee. We highly recommend that VA Swimming participate next year as well if the Summit continues!

Athlete Scholarship Proposal (Sara)

Sara will discuss this during the meeting.